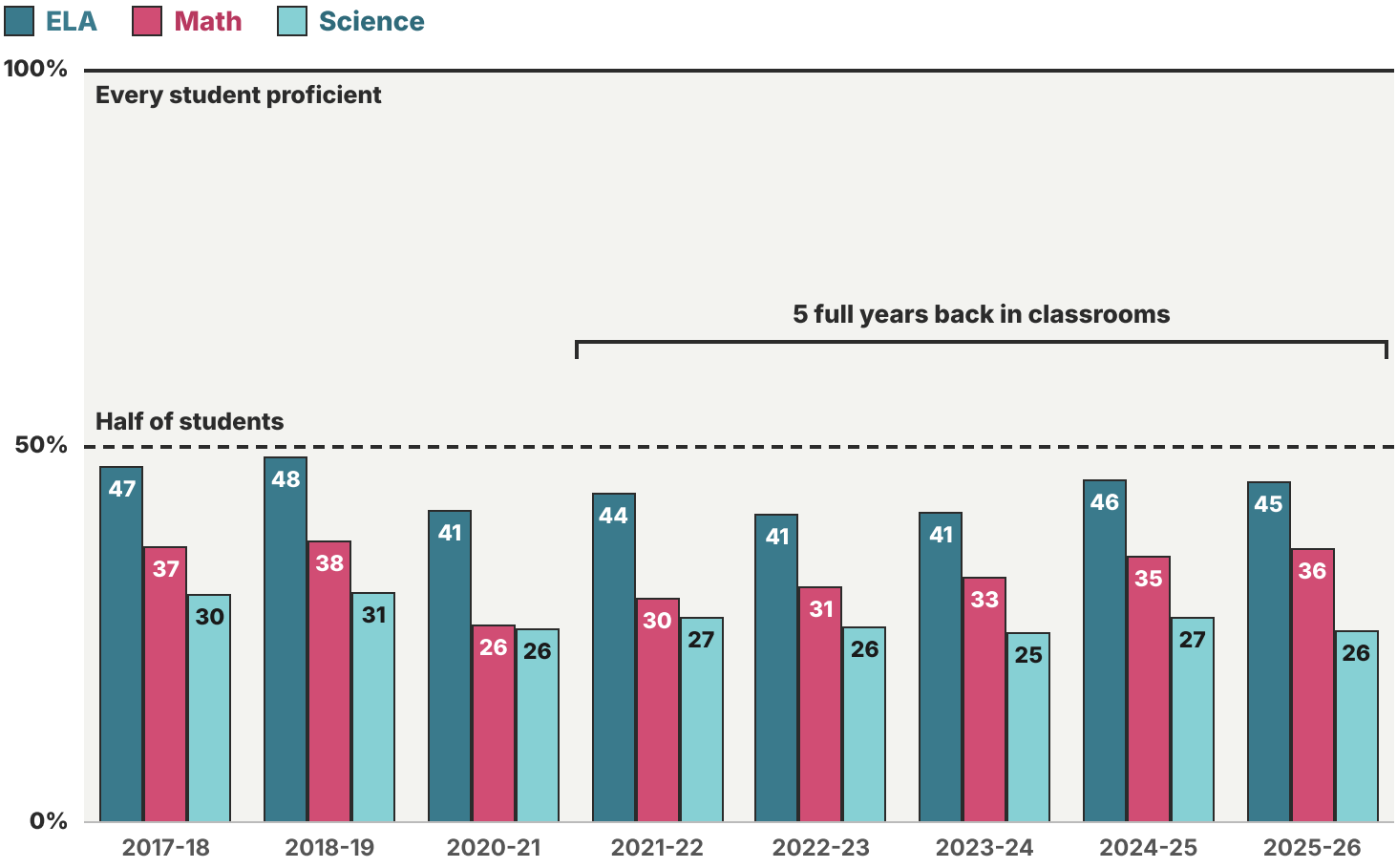
SAY YES TO RECESS NEVADA

More of the same isn't working

Fewer than half Nevada's 3rd–8th graders scored proficient in reading, math or science, before the pandemic and five full years after.[1]



Recess helps kids focus

K–2 students who got 45 minutes of recess a day were less off-task and more focused in class than those who got 30.[2]

Tennessee did it, and scores went up

In 2025, the state expanded daily recess from 15 to 40 minutes **without lengthening the school day** — at a cost the Tennessee legislature deemed "not significant."[3] One year later, elementary reading and math scores hit their highest levels in nearly a decade.[4]

Sources: 1 Nevada Dept. of Education: science tested in grades 5 & 8 only. No state testing in 2019-20. · 2 Rhea & Rivchun, "The LiiNK Project," *Frontiers in Education*, 2018 · 3 Tennessee Public Chapter 306; fiscal memorandum: "no change in the length of the school day," fiscal impact "not significant" · 4 Tennessee Dept. of Education: 2026 grades 3–5 scores, highest since the current test began in 2017 · washoeparents.org/say-yes-to-recess-nevada