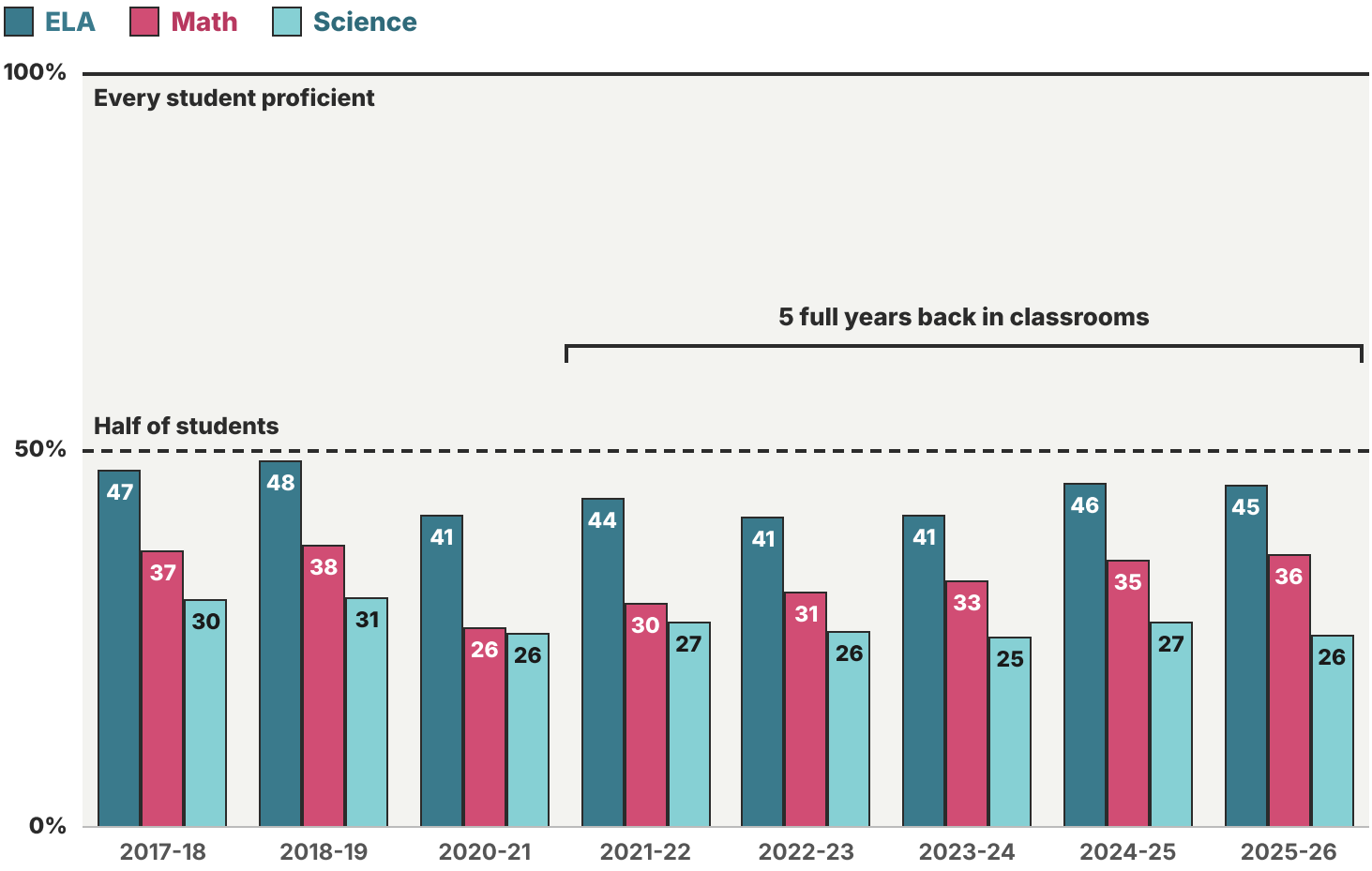
SAY YES TO RECESS NEVADA

More of the same isn't working

Fewer than half of Nevada's 3rd–8th graders scored proficient in reading, math or science, before the pandemic and five full years after.[1]



Recess helps kids focus

Research shows recess helps children stay focused, efficient and motivated in class, and improves the learning environment.[2]

Tennessee did it, and scores kept rising

In 2025, Tennessee expanded recess from 15 to 40 minutes a day **without lengthening the school day**.[3] After its first year, elementary reading and math scores hit their highest levels in nearly a decade.[4]

Sources: 1 Nevada Dept. of Education: science tested in grades 5 & 8 only. No state testing in 2019-20. · 2 American Academy of Pediatrics, "The Crucial Role of Recess in School," *Pediatrics*, 2026 · 3 Tennessee Public Chapter 306; fiscal memorandum: "no change in the length of the school day," fiscal impact "not significant" · 4 Tennessee Dept. of Education: 2026 grades 3–5 scores, highest since the current test began in 2017 · washoeparents.org/say-yes-to-recess-nevada